



Authorization to Disclose & Request to Release Information

This document authorizes Sarah Murray, LCSW / Heart Wild, LLC to disclose information regarding my mental health treatment to the professional or agency listed below. Additionally, I am authorizing the professional or agency listed below to release information to Sarah Murray, LCSW / Heart Wild, LLC regarding pertinent information to my mental health treatment.

The information exchanged may include:

- Mental health diagnoses
- Treatment plans
- Modalities used
- Individualized Education Plans (as applicable)
- Content of Sessions, as indicated for collaboration

Professional or Agency: _____

Address: _____

Phone Number: _____

This release is valid for one year from the date it is originated.

Client/ Guardian Signature Print Name Date

Therapist Signature Print Name Date